

# AN IMPROVED PERIPHERAL ENHANCEMENT OF MAMMOGRAM IMAGES BY USING FILTERED REGION GROWING SEGMENTATION

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## ABSTRACT

During the mammographic acquisition, the breast is compressed with a tilting compression paddle; hence the breast thickness is non-uniform across the mammogram and thinner in the peripheral area and therefore over exposing this area. In Computer Aided Detection systems, peripheral enhancements were used as a pre-processing stage for the enhancement of peripheral visibility of the uncompressed region of the projected breasts. A correction function is required to expand the perceptibility of the peripheral area that necessitates a better-segmented output of the peripheral region. This paper aims to improve the peripheral enhancement technique by using region growing segmentation method combined with an average filter that scales the grey level of the border regions to brighten the mammogram image. The filter enhances the details of those images and helps to obtain a better segmentation output, which is used as an input to the peripheral enhancement process. In the evaluation, a total of 600 images that consists of 300 normal, 170 benign and 130 malignant mass images, which are obtained from the Digital Database Screening Mammography (DDSM) dataset of the University of South Florida are used. The quality of an image after the peripheral enhancement process is evaluated subjectively and objectively, by using visual illustrations and the peak signal-to-noise ratio (PSNR), respectively. The results obtained show that the filtered region growing segmentation method outperforms the Otsu and the K-means segmentation methods.

**Keywords:** *Mammography Image Processing, Radiographic Image Enhancement, Computer-assisted Diagnosis, Image Quality*

## 1. INTRODUCTION

The advancement in digital images has created a new breakthrough in every field. Medical imaging has developed into one of the most important fields due to its continuous growth in computerized medical image visualization and advances in analysis methods. Current improvements in computer innovation have enormous effect on medical imaging. The latest development in breast disease screening is the results of advancements in cutting edge imaging innovation. As such, digital mammography has become the most excellent gold standard screening method for breast cancer detection in its early stage [1].

A mammogram is a special type of x-ray photograph that uses high-resolution film, high contrast and low dose x-ray for imaging the breasts [1]. It helps to detect and diagnose breast cancer effectively in its early stage. Unfortunately, not all breast cancer cases are accurately detectable by using mammograms due to its difficulty in the interpretation that requires abundant of experience [2]. A few researches have shown that 20% to 40% of breast cancer detection failure rate is due to the image complexity structure and the radiologist fatigue [3-5]. Consequently, about 65% of cases that are referred for surgical biopsy are just the normal cases [6]. Additionally, mammogram interpretation is a high demanding job. About 10% of normal mammograms are misidentified by

physicians as abnormal, which lead to more stressful tests and unnecessary diagnostic procedures for the normal patient. Moreover, the misinterpretation of abnormal mammograms can result in the high rate of death [7].

Computer-aided diagnosis (CADx) has gained significant attention in helping radiologists interpreting mammograms in order to assist in diagnostic decision-making [8]. A more effective CADx invariably increases the probability of cure. In particular, an automated mammogram detection/classification system could provide the second opinion that could improve the chances of detecting tumours and also reduce the human workload associated with the diagnosis. Such a system is capable to classify and suggest the pathological terms for a new mammography image [9]. These suggested terms can be presented to doctors as additional information to assist them in the diagnosis of breast cancer.

However, in order to effectively classify mammogram for CADx, there are some limitations in the process of breast mass diagnosis [10]. Accurate segmentation of a breast region is an important step for processing of the mammogram image. The mammogram may contain some labels namely the background and that must be removed before conducting subsequent tasks such as feature extraction and classification. The background region of a digital mammogram is totally black and uniform. Therefore, the background is composed of all pixels with an intensity equal to zero. However, mammogram contains many artefacts [11] and due to this nature the dark regions of the border may be set to background which are likely to be ignored during the segmentation process. As such some parts of the peripheral region may be missed by the segmentation techniques. Hence, an effective peripheral enhancement method is required to enhance the image to obtain a better segmentation output.

In general, the mammogram uses a machine that takes a lower dose x-ray by flattening the breast between 2 plates to look at only the breast tissues that spread apart. However, this flattening of the breasts is subject to deformation due to the heavy force applied during compression. This deformation leads to a difference in the thickness of the breast for about two centimetres from the breast margin to the chest wall that will affect image analysis [12]. Hence, a smooth varying correction function is required to expand the perceptibility of the peripheral area as it has less thickness tissues and looks darker as compared to the interior part of the

mammogram. The peripheral equalization is applied to the estimated darkening area that will transform the image to have similar grey level values for tissues in the interior and the peripheral area of the mammogram. Thus, very less manual contrast adjustments are required for viewing the skin line details due to the effect of peripheral enhancement [13].

In the proposed approach, an average filter is used that scales the grey level of the border regions to brighten the mammogram image. As a result, the details of the images will be enhanced and it will help to obtain better segmentation output. The main contribution of this paper is to investigate the effectiveness of the region growing segmentation technique with an average filter for the peripheral enhancement problem. The segmented region is provided as an input to the peripheral enhancement process to further enhances the breast region by using the filtered region growing segmentation method.

This paper is organized as follows. In Section 2, an overview of related work is provided. The peripheral enhancement method is explained in Section 3. Then, the experimental results are discussed in Section 4. Finally, the conclusion is presented in Section 5.

## 2. RELATED WORK

Segmentation is the method of breaking up a digital image into non-overlapping segments that separate the suspicious abnormal regions from its background. The segmentation process extracts a specific segment of an image, based on a set of pre-defined criteria [14, 15]. The process is applied to the digital mammogram to identify the homogeneous regions of an image. These similar regions are used to separate the brighter region (breast) from the darker region (background). The representation of an image can be changed with the help of segmentation technique to support easy image analysis. The well-known image segmentation techniques such as thresholding, clustering and region growing have been used to analyze and interpret medical images that have complex intensity distribution [16, 17]. Other common segmentation methods such as wavelet, mathematical morphology, Fuzzy *c*-means clustering, fractals and boundary-based methods are often used for mass and micro calcification segmentation.

The thresholding technique is the simplest segmentation methods that partitions an image

depending on its intensity values [14, 17]. The Otsu's method, named after Nobuyuki Otsu, automatically performs clustering-based image thresholding. This method involves finding the measure of spread for the background and foreground pixels. The optimum threshold value is calculated to partition image pixels into a number of distinct classes so that their combined spread is minimized. In contrast, the region growing method uses the idea of starting with some seed pixels and then gathering similar pixels with the same properties to form a region. At each growth step, the rule checks the regions homogeneity and describes the growth mechanism. It starts from an initial seed pixel and the grown regions are appended to each point with similar neighbouring pixels. The clustering technique, on the other hand, is a process of grouping pixels that belong together based on image characteristics like texture, colour, size, etc. The  $K$ -means clustering technique partitions a collection of objects into  $K$  clusters [18]. Initially, the points are assigned randomly to the clusters. The Euclidean distance is used to measure the closeness of each pixel to the cluster that it belongs to and every pixel is assigned to the corresponding cluster. In the course of the iterations, the mean of each cluster is calculated and this process is repeated until no significant changes on the mean of each cluster.

The techniques that are based on global information are called global thresholding [19, 20]. Global thresholding is one of the familiar methods for image segmentation [21]. The information about surrounding tissues that is less bright than the abnormalities are used to discover the global threshold value. As such, the brighter abnormality regions can be separated from its background with the help of global threshold value. Better results can be obtained when global thresholding is used as preliminary step for other pre-processing techniques. The local thresholding is a locally defined threshold value based on intensity values for each pixel and its neighbour. Multiple pixels in the mass periphery and mass centre that belong to the same group are heterogeneous with dissimilar feature values. Patil *et al.* [22] reviewed both local thresholding and mathematical morphology implementation methodologies to segment the breast tumour from digital mammograms. The two algorithms, local thresholding and mathematical morphology, were successfully implemented in MATLAB 7.0. The algorithms were tested for approximately 50 digital mammogram images. It was observed that the results of mathematical morphology-based breast tumour segmentation

were better as compared to the local thresholding-based segmentation for almost all of the mammogram images. Furthermore, segmentation of the breast tumour from mammogram images by using mathematical morphology was much faster than that of local thresholding method. Hence, it can be concluded that mathematical morphology is a better segmentation algorithm for breast tumour demarcation as compared to the local thresholding. Authors in [23] and [21] converted the grayscale images into binary and carried out segmentation of regions by using multiple threshold levels.

In [24], the mammogram images are segmented by using local adaptive thresholding and the results are refined by using an adaptive clustering. Varela *et al.* [25] and Zheng *et al.* [26] performed image enhancement with iris filter and used an adaptive threshold level for segmenting the suspicious regions. An adaptive grey-level thresholding was used followed by Markov random field model in [24] and [27] to perform abnormal region segmentation. Depending on the density of the tissues, [20] and [24] used an adaptive thresholding technique to partition mammogram images according to its different categories.

Region growing and region clustering are two segmentation techniques that depend on pixel classification. For the region growing segmentation [28, 29], the initial seed point is selected and similar pixels that have the same properties as seed pixel are grouped. Yuan *et al.* [30] made use of two different segmentation methods, the region-based and the radial gradient index (RGI), to initialize and to evolve the contours closer to the lesion boundary. The  $K$ -means clustering algorithm was used by [27] to group the pixels into clusters depending on its relative location and intensity values. Sahiner *et al.* [31] used the  $K$ -means clustering algorithm to select an object in the initial detection of the mass shape. Unlike the region-based segmentation, the changes in intensity values are characterized for boundary based segmentation algorithms. Wirth and Stapinski [32] used the gradient information for the extraction of breast contour. Docusse *et al.* [33] identified the microcalcification by applying wavelet transform for image transformation and used region-growing algorithm on the transformed image. Bassant *et al.* [34] developed a framework with the motivation to provide remote services to radiologists and cancer patients. The image enhancement is applied to the image for better segmentation. Finally, the image segmentation is applied for the calcification detection in the breast by using Fuzzy  $c$ -means algorithm. Dominguez *et*

*al.* [35] used the region growing method and dynamic programming for the segmentation of two different sets of breast mass counter. An adaptive topographic region growth algorithm was adopted by [26] for defining the initial boundary of the mass regions and an active contour algorithm for modifying the final boundary. A total of 90% of the lesions were segmented by using this approach. In the proposed research, an improved region growing technique with a filter is used and it is suitable for breast area segmentation [36].

In Computer Aided Detection systems, the peripheral enhancement is used as a pre-processing stage for the enhancement of peripheral visibility of the uncompressed region of the projected breasts. Byng *et al.* [37] proposed a nonparametric filter based method to display an enhanced mammogram. It is the first attempt to use filtering for obtaining a mammogram's blurred vision that represents tissue thickness. Due to variations in the breast thickness and tissue density, a filtering method is used to acquire a blurred mammogram version. Then, the threshold that determines the grey values at the border of the breast is used to apply the thickness equalization in the breast periphery. The new threshold value is determined by taking the means of the small regions around the border point and it is evaluated with digitized screen-film mammograms. Rico *et al.* [38] used two different methods for computing the thickness map at the breast periphery to obtain enhanced accuracy in the volumetric breast density measurement. The first method is used to model the radiation profile based on breast phantom that simulates the image thickness changes and the other method to perform direct thickness calibration that uses a tissue with the use of thin-plate spline interpolation. In [39], the film and film digitizer characteristic curve were combined and corrected the pixel values for its non-linearity. Then, they measured the thickness as a distance function and adjusted these pixel values that reflect the distance from the skin line. A model-driven density equalization technique was proposed by Stefanoyiannis *et al.* [40] and they used thresholding for the segmentation of the breast region from the background. Then, the pixels density of the breast periphery was equalized with the mammary gland density by using wavelet-based fusion. They were able to equalize the density of mammographic images that improved the contrast at the breast periphery.

Recently, Al-Najdawi *et al.* [41] successfully investigated an optimal combination of various combination of various enhancement methods and

to segment breast region in order to obtain better visual interpretation. Alternatively, Ibrahim *et al.* [42] proposed a method that enhances the contrast of mammogram images using the Band Limited Histogram Equalization (BLHE) method for easier detection of lesions or tumors. This algorithm segments the images using Otsu's N thresholding method to detect the region of interest in mammogram images. An approach called the Dual Stage Adaptive Thresholding (DuSAT) is proposed by Anitha *et al.* [43], which based on applying global thresholding on the Histogram Peak Analysis (HPA) of the entire image and the threshold is obtained by maximizing the proposed threshold selection criteria. A precise segmentation result is obtained by applying local thresholding is carried out for each pixel in a defined neighborhood window. Makandar *et al.* [44] proposed segmentation algorithm that detects clearly defined a region of mass using a morphological threshold based segmentation technique. Thus, the proposed method is compared with traditional Otsu thresholding method, to prove the effectiveness of segmentation results using the proposed method.

However, for all of the above methods, in order to compensate for possible acquisition limitations during mammograms, which cannot be solved by modifying the typical contrast parameters that viewers provide (window width and window centre) [45], a correction of the presence of an overexposed boundary area in the majority of mammograms is required to enhance the visualization of the digital mammograms.

### 3. PERIPHERAL ENHANCEMENT USING SEGMENTATION WITH FILTER

In this paper, the peripheral enhancement technique used in [46] is improved with the use of filtered segmentation process and it is described in the following steps:

- First, the filtered segmentation technique that is using the region growing method is applied in order to separate the breast regions from the background. During the segmentation process, the value of ones and zeros are assigned to the breast regions and the background, respectively, to generate the segmented image, *SI*.
- Then, a blurred image, *BI* is generated by applying 2D low pass filter that reflects the thickness variations in breast regions. In

order to set the pixels that are out of the breast,  $SI$  is multiplied by  $BI$ .

- After that, an enhanced multi-threshold segmentation method is used to obtain the normalized thickness profile,  $NTP$ , from the blurred image,  $BI$ . These multi threshold values  $T_n$ , are calculated based on Equation 1.

$$T_n = I_{avg} \times F_n \quad (1)$$

where,  $I_{avg}$  is the average intensity of  $BI$  and  $F_n = 0.8, 0.9, 1.0, 1.1$  and  $1.2$ , respectively. The  $BI$  is rescaled for every threshold values  $T_n$ . As a result, the pixel value  $V$  is adjusted to  $V/T_n$  if  $V \leq T_n$  or 1, otherwise.

- Finally, by averaging the multi threshold rescaled images, the  $NTP$  will be obtained. Furthermore, the peripheral equalisation (PE) is calculated by using Equation 2.

$$PE = \frac{AI}{NTP^r} \quad (2)$$

where,  $AI$  is an average rescale image and  $r$  ranges from 0.7 to 1.0 [46]. The enhancement of the peripheral area of the breast image can be accomplished without changing the central area. The process of peripheral enhancing is illustrated in Figure 1.

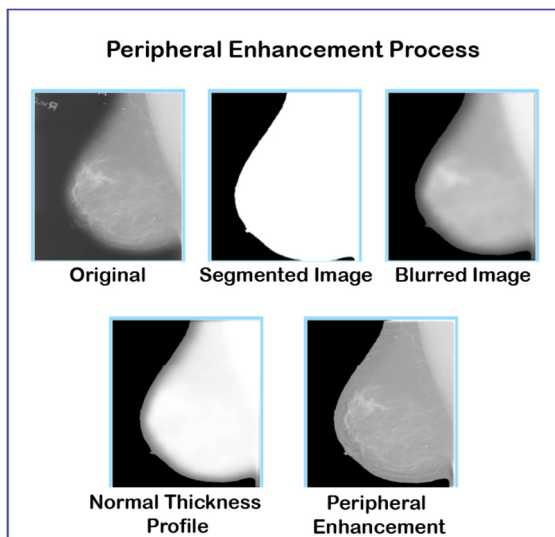


Figure 1: The Stages of Peripheral Enhancement

#### 4. RESULTS AND DISCUSSION

Experiments are conducted to evaluate the effectiveness of using the filtered region growing segmentation method for peripheral enhancement of mammogram images. A set of 600 images from DDSM dataset acquired from the University of South Florida [47] is used for evaluation. The dataset consists of 300 images of normal cases, 170 images of benign cases and 130 images of malignant cases. The quality of those images the peripheral enhancement process is evaluated by using visual illustrations (for subjective evaluation) and the peak signal-to-noise ratio (PSNR) measure (for objective evaluation) in which higher PSNR score indicates better quality of the peripheral enhancement technique. The results obtained based on the proposed filtered region growing segmentation method are compared with the Otsu method and the  $K$ -means segmentation methods.

#### 4.1 Subjective Evaluation of the Peripheral Enhancement

Figure 2, 3 and 4 shows the sample images of the mammogram in the peripheral enhancement process for the  $K$ -means segmentation method, the Otsu method and the region growing segmentation method, respectively. Each figure consists of the images for normal, benign and malignant cases.

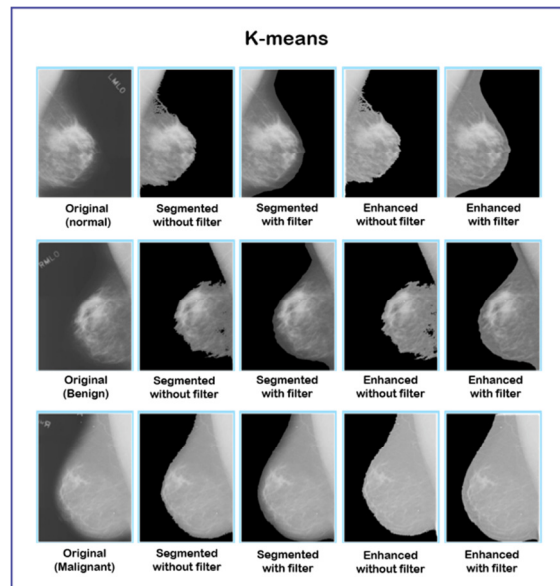


Figure 2: Peripheral enhancement by using the  $K$ -means method

Based on observing sample cases in Figure 2, it is clearly shown that the  $K$ -means segmentation method with filter enhances the peripheral region of

the breast images as compared to the segmentation method without the filter in all normal, benign and malignant cases.

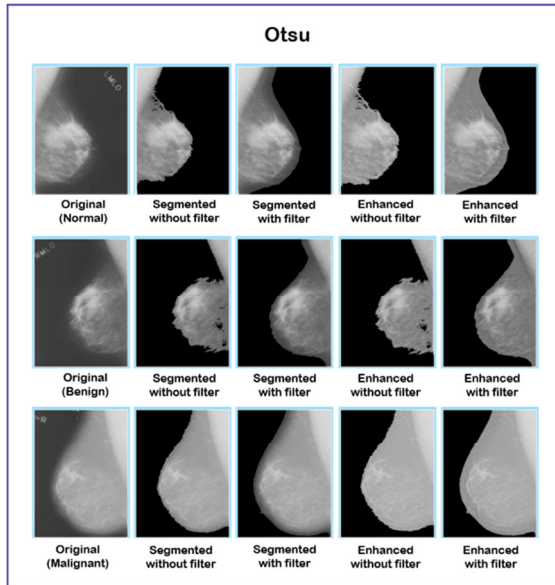


Figure 3: Peripheral enhancement by using the Otsu method

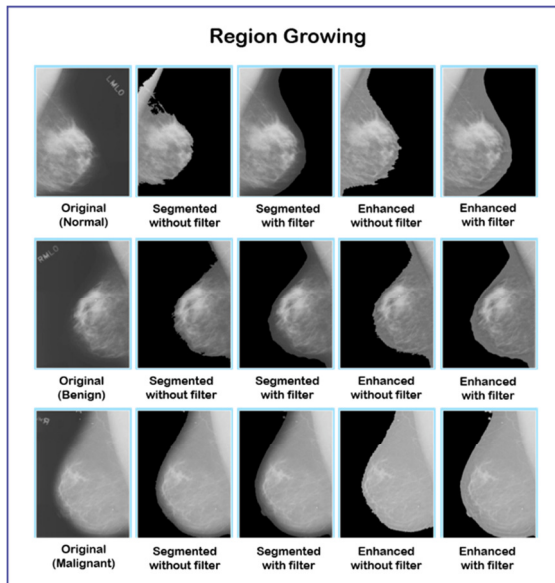


Figure 4: Peripheral enhancement by using the region growing method

Similar observation can be seen for the Otsu method as shown in Figure 3. Based on the figure, the combination of filter to the Otsu method has enhanced the peripheral region of those images in all cases as compared to the method without the filter. Moreover, the combination of filter has the same effect on the region growing method as shown

in Figure 4 where then peripheral region of those images are enhanced. Therefore, it can be analyzed that through visual observation, the combination of filter with the segmentation methods has improved the peripheral region of the breast images.

#### 4.2 Peak Signal Noise Ratio (PSNR)

In the previous section, a subjective comparison is performed through visual observation of the images. It shows that the use of filter for segmentation improves the visual for peripheral regions of the breasts. In order to compare the outcomes objectively, the PSNR measure is used in the evaluation. The peak signal-to-noise ratio (PSNR) is popularly used to measure the objective quality of an image after the pre-processing stage [39, 48]. The PSNR is derived from a logarithmic scale of Mean Squared Error (MSE) of the original and the enhanced image [48]. Higher PSNR values of the enhanced image show high closeness similarity to the original image, which indicates an improved quality. It is essential to attain a high PSNR value for the image after the enhancement stage [49]. The PSNR value is measured in decibels (dB's) and is expressed as in Equation 3.

$$PSNR_{dB} = 10 \log_{10} \frac{(2^n - 1)^2}{MSE} \quad (3)$$

where  $n$  is the number of bits per image sample and MSE is the mean squared error.

The PSNR values for different segmentation methods and peripheral enhancement are shown in Table 1 and 2, respectively. In Table 1, the PSNR results of the segmentation methods with and without filter for normal, benign and malignant cases are depicted. The mean value for those cases is calculated for each segmentation method. The mean difference is the difference between the mean for the segmentation method with and without filter.

Based on Table 1, it is clear that the PSNR values obtained by using the three segmentation methods, K-means, Otsu and Region growing, with filter are higher than the PSNR values for without filter in all the three cases of normal, benign and malignant. The results are consistent with the visual observation in the previous section where the output of the segmentation methods with filter is better than without filter in all cases. It is also noticed that, the mean difference of the region growing segmentation method is comparatively higher than the other segmentation methods, which indicates the highest improvement for this evaluation.

Table 1: PSNR values for three segmentation methods.

Method	Type	No Filter	With Filter	Difference
K-means	Normal	25.7537	26.6399	0.8862 (3.4%)
	Benign	25.6279	26.3043	0.6764 (2.6%)
	Malignant	27.5895	28.3232	0.7337 (2.7%)
	<b>Mean</b>	<b>26.3237</b>	<b>27.0891</b>	<b>0.7654</b> <b>(2.9%)</b>
Otsu	Normal	25.7537	26.7056	0.9519 (3.7%)
	Benign	25.5762	26.2764	0.7002 (2.7%)
	Malignant	27.5895	28.5616	0.9721 (3.5%)
	<b>Mean</b>	<b>26.3065</b>	<b>27.1812</b>	<b>0.8747</b> <b>(3.3%)</b>
Region-growing	Normal	26.2820	27.1490	0.8670 (3.3%)
	Benign	26.2937	26.5730	0.2793 (1.1%)
	Malignant	27.3796	28.8959	1.5163 (5.5%)
	<b>Mean</b>	<b>26.6518</b>	<b>27.5393</b>	<b>0.8875</b> <b>(3.3%)</b>

methods. A similar pattern can be observed that the mean difference of the enhancement by using region growing method is comparatively higher than the other methods.

### 4.3 Visibility Using Gray Level Values

The peripheral area has a reduced gray level (low-contrast) that causes the difference from the other breast regions and brings more errors to the classification process. Manual adjustments in window settings are required to view the low contrast lesions. Using peripheral enhancement algorithms that effectively facilitate mammogram visibility in a clinical environment can minimize these manual adjustments. The enhancement process of the mammogram increases the gray level in the peripheral areas to compensate the reduced gray level values.

Table 3,4 and 5 shows the gray level results of peripheral enhancement for three cases of normal, benign and malignant by using region growing segmentation method in 64-grey level, 128 grey-level and 192-grey levels, respectively.

Table 2: PSNR values for three enhancement methods

Method	Type	No Filter	With Filter	Difference
K-means	Normal	25.7537	26.6540	0.8753 (3.4%)
	Benign	25.6103	26.3166	0.7063 (2.8%)
	Malignant	27.6286	28.3423	0.7137 (2.6%)
	<b>Mean</b>	<b>26.3392</b>	<b>27.1043</b>	<b>0.9390</b> <b>(2.9%)</b>
Otsu	Normal	25.7537	26.7177	0.9390 (3.6%)
	Benign	25.6103	26.2901	0.6798 (2.7%)
	Malignant	27.5895	28.5799	0.9667 (3.5%)
	<b>Mean</b>	<b>26.3341</b>	<b>27.1959</b>	<b>0.8618</b> <b>(3.3%)</b>
Region-growing	Normal	26.2998	27.1628	0.8630 (3.3%)
	Benign	26.3105	26.5852	0.2747 (1.0%)
	Malignant	27.3998	28.8968	1.497 (5.5%)
	<b>Mean</b>	<b>26.6701</b>	<b>27.5483</b>	<b>0.8782</b> <b>(3.3%)</b>

Table 2 shows the PSNR results of peripheral enhancement for the three cases of normal, benign and malignant. Similarly, based on the table, the PSNR results obtained by using an enhancement method with three filtered segmentation methods are better than using the unfiltered segmentation

Table 3: Gray level values for the original and enhanced image by using the region growing method (64 gray level)

Type	Original Image	Enhanced Image	Difference
Normal	0.1251	0.1340	0.0089 (7.1%)
Benign	0.0261	0.0383	0.0122 (46.7%)
Malignant	0.1302	0.1443	0.0141 (10.8%)
<b>Mean</b>	<b>0.0938</b>	<b>0.1055</b>	<b>0.0117</b> <b>(12.5%)</b>

Table 3,4 and 5 show the maximum fraction of the breast area visualized in gray level values for the original and enhanced image. It can be noticed that for the range of 128-255, 55 % of the breast area can be seen in the original images. However, for the same range of gray levels, 67% of the breast area can be seen in the case of enhanced images. Thus, the enhancement using a region growing segmentation method facilitates a better view in the clinical environment with a reduced dynamic range.

Table 4: Gray level values for the original and enhanced image by using the region growing method (128 gray level)

Type	Original Image	Enhanced Image	Difference
Normal	0.5385	0.6377	0.0992 (18.4%)
Benign	0.3302	0.4057	0.0755 (22.9%)
Malignant	0.8066	0.9858	0.1792 (22.2%)
<b>Mean</b>	<b>0.5585</b>	<b>0.6764</b>	<b>0.1179</b> <b>(21.1%)</b>

Table 5: Gray level values for the original and enhanced image by using the region growing method (192 gray level)

Type	Original Image	Enhanced Image	Difference
Normal	0.9552	0.9840	0.0288 (3.0%)
Benign	0.9632	0.9798	0.0166 (1.7%)
Malignant	0.9796	0.9875	0.0079 (0.8%)
<b>Mean</b>	<b>0.9660</b>	<b>0.9838</b>	<b>0.0178</b> <b>(1.8%)</b>

## 5. CONCLUSION

Due to the presence of an overexposed boundary area in the majority of mammograms, a peripheral correction is required to enhance the visualization of digital mammograms in order to compensate for possible acquisition limitations. This peripheral correction that necessitates a better segmentation output was improved by using an average filter combined with the segmentation method. The paper evaluated the results by using subjective and objective methods and the performance is compared against the well-known segmentation techniques, the region growing, and the Otsu and *K*-means methods. Both the subjective and objective results showed that the region growing segmentation method with filter outperforms the other two segmentation methods and provide better input for the peripheral enhancement process. The peripheral enhancement using the filtered region growing segmentation method improves the image quality and provides better visualization for better assessment. Hence, the peripheral enhancement is shown to improve visualization and will play an important role in further development of CAD systems in mammography.

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