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# STABILIZATION OF HUMAN HEART USING PID CONTROLLER

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## ABSTRACT

In the Aim of making an improvement on patient's quality of life, especially the development of an optimized technique for Hydro-electromechanical (HEM) stimulation and regulation of the Human Heart, This paper simulates the control and the command of the human heart based on three main functions: hydraulic, electrical and mechanical parameters. The based MATLAB mathematical model will primary help to understand the proper functioning of heart attack. In this way we disturb a cardiovascular system with a noise (like Arousal, Anxiety ,disease) coming from human brains and we try to stabilised the whole system by applying a command from PID controller. This research especially focuses on dealing with health care problems to improve quality patients life with heart medical problems. By analysis study of results of the simulation of the whole system by using MATLAB it is found that the overall response of the disturbed system regulated by the adaptive controller is quite like the normal Heart signal.

**Keywords :** Proportional Integral Derivative (PID (), Human Heart, Control and command, Pacemaker, Hydro Electromechanical System.

## 1. INTRODUCTION

Cardiovascular disease is nowadays a major public health problem worldwide. The World Health Organization - WHO estimates that one third of all deaths worldwide are caused by cardiovascular disease.

Two diseases of the heart and vessels represent a risk to public health associated with high mortality and hospitalizations, but also the direct and indirect economic costs they generate.

In Morocco, hypertension, major risk factor for cardiovascular disease, is a major reason for consultation in the health and medical office canters. The national survey showed that 33.6% of Moroccans aged 20 years and older have high blood pressure .This prevalence increases with age and is 54% for over 40 years. The survey reveals that 55% of these cases of arterial hypertension are grade I, ie they require in most cases that lifestyle changes: a little salty diet and low in fat.

Physical models are able to simulate real physiological data to the appropriate experimental base set up, but the objective of this article is to solve the problem of a new automatically control and stabilization of the human heart as a Hydro Electromechanical System (HEMS).

The study is done firstly started by studying the situation of cardiovascular disease in Morocco and worldwide after that we based our work on the mathematical model with hydro-electro-mechanical parameters described in paper [5], finely we control and stabilized the system by applying the PID command.

## 2. ANALYZE OF CARDIOVASCULAR SYSTEM LIKE HYDRO-ELECTROMECHANICALLY SYSTEM

Many electrical analog models for the circulatory system have appeared in the literature, but few of them are based on the use of an actual physical model. In order to realize the beat-by-beat dynamic control of the heart, an explanatory model of behavior of heart like a hydro-electromechanical system is used on (Fig 1). It explain the general function of cardiovascular system, the PIN(t) is the input of the system (pressure input), CBL Rightatrium systemic capacitance, CCL Left-atrium systemic capacitance, CDL Right-ventricle systemic Left-ventricle capacitance. Cel systemic capacitance, LF Ventricle and atrium interaction inductance, LE Left-ventricle inductance, LD Rightventricle inductance, LB Right-atrium inductance, Lc Left-atrium inductance , the right atrium is like

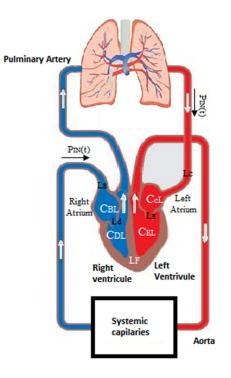
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a first pump and it's declared on the circuit like a capacitor, the same things go for the left atrium.



*Fig 1 : The Hydro-Electromecanical behaviour of the System* 

For the right ventricle it received the pressure coming from the atrium like an input and the same goes for the left one.

## A. Analyze of cardiovascular System without noise

Various electric models of the human heart, partial or complete, with linear or non-linear models were developed [2][3][5]. in the literature, there are some applications of mathematics and physical analogue models total artificial heart (TAH), a baro-receptor model, a state-space model, an electromechanical biventricular model of the heart, and a mathematical model for the artificial generation of signals electrocardiogram (ECG)[4].

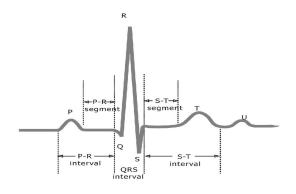


Fig 2: Normal Heart Beat from ECG

The based model [5] constitutes a significant extension of a mathematical model described in several papers, its explain The electrical and hydraulic model described in [11]. The main improvements are as follows.

 The heart is described as a hydroelectro mechanical pump. To this end, the activity of the ventricles is simulated by an elastic variable model.
 Since arterial pressure is pulsatile in nature , a more accurate description of the systemic and pulmonary input impedances is required, valuable also in the mid frequency range.

For this reason, the new based model discriminates between large arterial vessels and peripheral arterioles, and includes the inertial effects of blood.

So our based model after they use the Laplace transform to the whole electrical circuit they obtained the transfer function below for the heart:

$$F(S) = \frac{1}{(R_A + R_{IN}) + s.L_A}$$

That means after numerical treatment they have the design of our based basic plan System of cardiovascular system (fig3) :

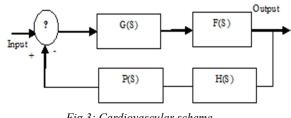


Fig 3: Cardiovascular scheme

The transfer function of any part of the system is : For the Heart beat:

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**Result:** 

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 $F(S)=\frac{7}{32+s}$ 

For The Pacemaker:

$$G(S) = \frac{4S^2 + 30S + 7}{3S^2 + 0.5S + 20}$$

For The Circulatory System:

$$P(S) = \frac{3S^2 + 25S + 99}{9S^2 + 0.5S + 10}$$

For the sensor:

$$H(S)=\frac{15}{2s+20}$$

Based on the mathematical formulation above, using MATLAB/Simulink simulation. The system consists of four main components with their Mathematical models defined separately, the main elements are pacemaker (is the sinus node, one of the major elements in the cardiac conduction system, the system that controls the heart rate. This stunningly designed system generates electrical impulses and conducts them throughout the muscle of the heart, stimulating the heart to contract and pump blood), the heart, the sensor and the circulatory system and which are represented by the loop below.

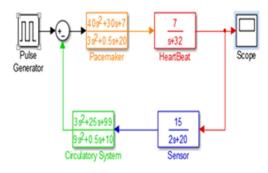


Fig 4: Simulation Of The Heartbeat On Closed Loop In The Normal Condition.

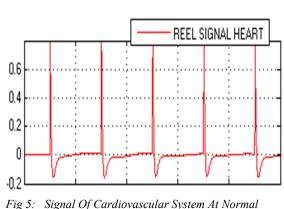


Fig 5: Signal Of Cardiovascular System At Normal Case

The rhythmic action of heart is mainly due to the regularly occurring action potentials originating from the natural pacemaker located in the senatorial node. Each impulse will be propagated to the Atria ventricular node through the myocardium. ECG signal (Fig2) are characterized as a recurrent sequence of three waves namely: the P wave, QRS complex(combination of Q, R and S waves) and T wave as shown in Fig2. Of the three waves,

the QRS complex has more energy with higher amplitude than P and T waves over the RR interval (interval between two adjacent R waves).

To precisely monitor the heart-beat rate of the patients, QRS complex (or R wave) must be detected with high accuracy. The normal heart rate depends on the continuous and periodic performance of the natural pacemaker and integrity of neurons in conducting pathways like we have on the results of this simulation Fig 5 :

- P-wave : 0.07 sec
- QT-interval : 0.375 sec
- PR-interval : 0.20
- QRS-complex : 0.139 sec

The parameter used for the generator on this simulation are :

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Table 1			
Flow Through Parameters Of Generator			

Type d'impulsion	Temp-Base
Amplitude	1 mV
Period	2 sec
Pulse Width(% of period)	1 sec
Phase delay	0-1 unit

# B. Analyze of cardiovascular System with noise

## 1. Fictitious NOISE.

In this part we apply a noise to disturb the system and we will simulate it in order to see w the result of a system disturbed:

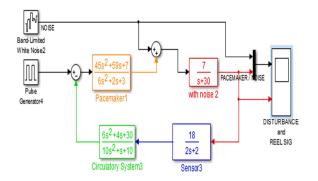


Fig 6: Simulation of the Human Heartbeat on closed loop With Noise.

The parameters of the noise applied are:

Table 2
Flow Through Parameters Of The Disturbance
Generator

	Value
Noise Paower	1
Sample Time	0.09
Seed	23341

Result :

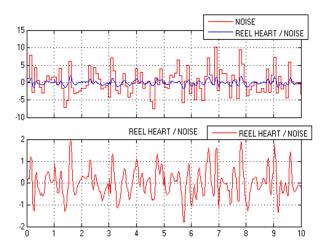


Fig 7 signal Simulation of the Human Heartbeat on closed loop With Noise.

Based on the wave obtained by using the MATLAB simulation facility, many case studies were conducted like explained in the next part below.

# 2. Reel Disturbance with Disease /Arousal like à NOISE

The brain is one of the most important organ that control emotion, thought, movement and all functions in the human body. The brain cells are known as neurons and scientists estimated that a normal adult human brain consists of one hundred billion neurons and each neuron is connected to another two hundred fifty thousand other neuron. Thus, like a Central Processing Unit (CPU) to a computer system, the brain employ parallel distributed processing where processing occurs simultaneously across billions of neurons distributed throughout the brain [12][13].

Its very common that the brainwaves has a huge effect on the heart rate and the cardiovascular system, its play a role of disturbance if its overdosed [10] Brainwaves are normally categorized into four groups known as Delta, Theta, Alpha

and Beta frequency bands [13]. Beta is the highest frequency band with the lowest amplitude while Delta is the lowest frequency band having the highest amplitude.

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Table Iii3 Values Of The Brain Frequency

Value		
Wave Form	random	
Amplitude	20	
Brain Frequency ( Anxiety ,disease)	100 Hz	

So in this study we use the frequency of the brain in the cases of disease like a disturbance of the electrical activation of the heart and cardiovascular system and we try to control the heart rate in order to the return to the normal state of the heart function[10].

In the part below we disturb a human heart (Fig 9) with BETA brainwaves out and the heart is going to oscillate.

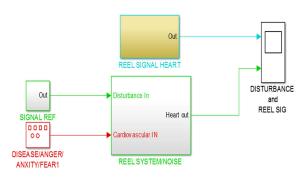
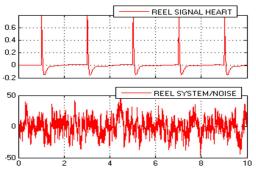


Fig 8 the Model of Comparison between Simulation of the Human Heartbeat With Disease /arousal like à noise.

Result:



*Fig 9: Simulation of the Human Heartbeat With Disease* /*arousal giving a heart attack and heart going to stop.* 

Table 4 Parameters Of The Disturbance Brain Generator Frequencies Like A Reel Disturbances

CATEGORIE OF BRAIN WAVE TAKED LIKE DISTURBANCE			
BETA	(14-100 Hz)	Arousal, Anxiety ,disease, fight	
ALPHA	(8-13.9 Hz)	Pre-sleep, pre-waking, drowsiness	
THETA	(4-7.9 Hz)	Deep mediation, Hypnagogic	
DELTA	(1-3.9 Hz)	Loss of body awareness, Dreamless	

We observe that the System oscillate that's wath can result à heat attack and the value of QRS 0.012 Sec and the amplitude is between 30 and -30 so we conclude that the is going to stop

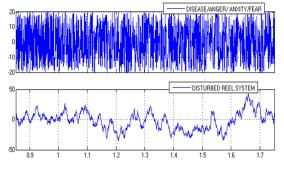


Fig 10 Noise and the Human Heartbeat attacked Disease /arousal like à NOISE.

## 3. CONTROL OF THE CARDIOVASCULAR SYSTEM USING PID CONTROLLER

Regulation in the field of industrial processes regarding the implementation of all theoretical, material and techniques to maintain each essential physical quantity equal to a desired value, called the setpoint, per share on a controller output, despite the influence of disturbance variables of the system.

The term regulation can have other

meanings. In a general sense, the control is the set of techniques for maintaining consistency of a function. The purpose of the control is to maintain the stable state, according to what is provided in the operation of a machine or the state of a system.

The relay feedback tuning strategy is not suitable for time varying property. To overcome this we based on the refrence [15] uses a relay feedback auto tuning (part A.1) strategy based on Ziegler Nichols method which can adjust control parameters online.

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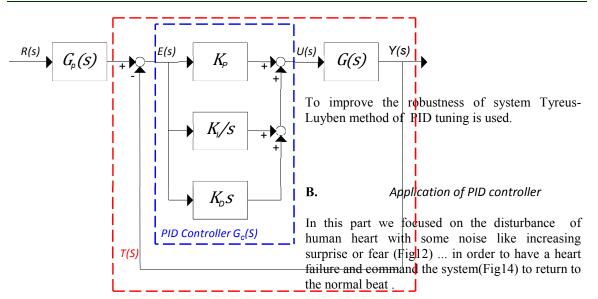


Fig 11 : Design of PID controller

The proportional integrator and differentiator are applied with the next following result (Table V).

### A. The Ziegler–Nichols tuning method

This is a heuristic method of tuning a PID controller. It was developed by John G. Ziegler and Nathaniel B. Nichols. The process of tuning the parameters is as follows:

### a) Put the values of $Ti=\infty$ and Td=0

b) Now increase the value of *Kp* from 0 to critical value *Kcr* 

c) The values of *Kp* at which output exhibits sustained oscillations is critical gain Kcr

d) Obtain the values of period *Pcr* corresponding to critical gain *Kcr* 

Put the values of Kcr and Pcr in the formula shown in table1 to obtain the values of the parameters Kp, Ti and Td.

 Table 5: Ziegler – Nichols Rule Base On Critical Gain

 Kcr And Critical Period Of A Plant

Type of Controller	Kc	Ti	Td
Р	0.5Kcr	x	0
PI	0.45Kcr	1 1.2 Pcr	0
PID	0.6Kcr	0.5 <i>Pcr</i>	0.125Pcr

The part below show the cardiovascular system controlled by the PID and the comparison with the real behaviour of the heart like reference. The model of the "HEART SIGNAL REF" is described on the (Fig 13).

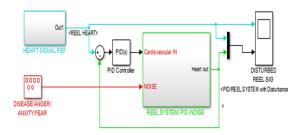


Fig 12 the Model of Simulation of the Human Heartbeat With Disease /arousal like à NOISE.

HEART SIGNAL REF : Gives the signal QRS of the heart like in the (Fig5), it's the reference in our study and the PID controller try to catch this signal. REEL SYSTEM PID/NOISE : is the insertion of disturbance (TABLE IV) from brainwaves (anxiety or disease) like a noise in order to disturb the mean function of the heart like described on (Fig13) Because resting on the clinical experiment [7] tested on the human body we concluded that the brain is the actor of disturbance of the human cardiovascular system

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1 NOISE IN 2 405<sup>2+305+7</sup> HeartBeat1 HeartBeat1 HeartBeat1 HeartBeat1 PIDREEL SYSTEM with Disturbance 3s<sup>2+2</sup>5s+20 9 9s<sup>2+0</sup>, 5s+10 Circulatory System3 Sersor3

#### Fig 13 the Model inside of "REEL SYSTEM PID/NOISE".

The result of this part is the comparison between the signal of human heart in rest state (normal state without any kind of disturbance like Arousal, Anxiety ,disease, fight, anger, Deep mediation, Hypnagogic) the result is :

Table 6Flow Through Parameters Of Pid

Parameters	Р	Ι	D	Filter coefficient
Value	40	0.1	0	143.33

The result of simulation of the comparison between controlled disturbed heart (REEL SYSTEM/PID/NOISE) and the reel heart (REEL SIGNAL REF) is shown in (Fig15)

PD command case : in this case we observe that the system become instable. So comparing to the normal Ref System of normal beat heart we find that :

Disturbed Heart (Fig10):

- The PQ part is not existed

- The QRS is very high and we know that this action is for the ventricular part so with this rate that QR=50 and RS = -50 we can have a heart failure.

On the other hand if we increase the D parameter we have an oscillation of the system.

Disturbed Heart (Fig10):

- PR-interval : 0.23

- QRS-complex : 0.132 sec

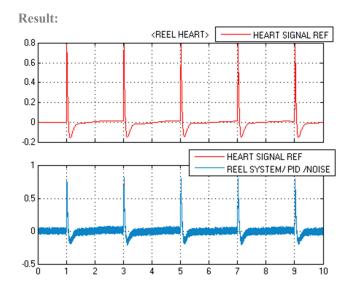
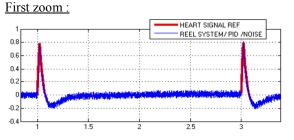
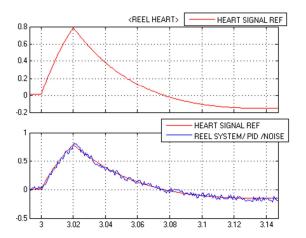


Fig 14 The Simulation of the heart without disturbance and the once with disturbance controlled by PID Model inside of "REEL SYSTEM PID/NOISE".

If we zoom on midle windows shown in (Fig14) we have :



### Deep zoom :



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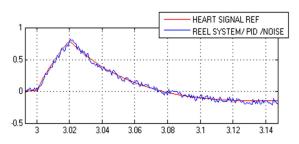


Fig 15 Zoom of comparison between the heart witout disturbance (SIGNAL REF) and the once with it and controlled by PID Model inside of "REEL SYSTEM PID/NOISE".

### 4. DISCUSSION AND CONCLUSIONS

This work based on automation and control of disturbing mathematical modelling of human heart as a hydroelectromechanical system, the response presents some of the important features of the human cardiovascular system when its disturbed by a Arousal, Anxiety ,disease or fight and the way to cure the disturbances . The approach employed is to determine the appropriate physical analogy, write the system equations, and formulate the computer simulation. This allowed us consider on the methods of transforming physiological data into

useful model parameters, and to establish the analogies between electrical, mechanical and hydraulic systems also to built an entire regulation and enslavement of the human cardiovascular system based on brainwaves like a disturbances. So In order to improve the HEMS of human heart models found in prior studies, we have introduced a PID model to adapt the heart rate if it is disturbed and to command the cardiovascular system. In a short term regulation of the artificial heart, this model plays a crucial role in blood pressure control. Our heart model can be applied not only to steady state studies but also to dynamic processes of the cardiovascular system. Several further aspects, including the effects of the heart failures, and the disturbance of the cardiovascular system or drugs disturbance can be similarly studied using this model, the results of this study will be useful not only for detection and analysis of cardiac abnormalities but also for improvement of the performance of pacemakers and the function human heart.

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